



**Sierra Pacific Anesthesia Regional Consortium Conference**  
**Sonoma Veterans Memorial Building, Sonoma, CA**  
**August 22 – 25, 2019**

**Thursday, August 22, 2019 (6 CEs)**

- 1700 - 2000     Advanced Cardiac Life Support Recertification Class Objectives – Kimberly Latham, MSN, CRNA
- 2000 - 2300     Advanced Pediatric Life Support Recertification Class Objectives – Kimberly Latham, MSN, CRNA

**Friday, August 23, 2019 (5.5 CEs)**

- 1200 – 1230     Opening Remarks: Regional Anesthesia Practice Trends – Russell Plewinski, DNAP, NSPM-C, CRNA
- 1230 - 1330     Ultrasound Basics for Regional Anesthesia: A Crash Course – Imaging Principles and Practice Techniques – Lee Olson, MS, CRNA
- 1330 - 1430     The Brachial Plexus: Regional Anesthesia Techniques for Upper Extremity – Lee Olson, MS, CRNA
- 1430 - 1500     Break with Exhibitors/Sponsors**
- 1500 - 1600     Ultrasound Guided Regional Anesthesia-Lower Extremity and Dosing Regimens – Steve DiChaira, MSN, CRNA
- 1600 - 1800     Hands On - Ultrasound Basics for Regional Anesthesia: A Crash Course – Imaging Principles and Practice Techniques – SPARC Faculty
- 1800 – 1930     Reception with Sponsors and Exhibitors**

**Saturday, August 24, 2019 (9 CEs)**

- 0700 - 0800     The Pharmacology of Multimodal Therapeutic Approaches for Pain Management – John Maye, PhD, CRNA
- 0800 - 0845     The Neurophysiology of Pain Transmission – John Maye, PhD, CRNA
- 0845 - 0930     The Pharmacology of Chronic Pain Management – John Maye, PhD, CRNA
- 0930 - 1000     The Pharmacology of Topical Agents & Local Anesthetics for Pain Management – John Maye, PhD, CRNA
- 1000 - 1030     **Break with Exhibitors/Sponsors**
- 1030 - 1130     Hands On - Ultrasound Guided Imaging Principles and Practice for Lower Extremity Regional Anesthesia Techniques and TAP Blocks – SPARC Faculty
- 1130 - 1230     Problem Based Case Scenarios for Upper and Lower Extremity Regional Anesthesia – Putting It All Together – **Interactive Case Scenarios** -- SPARC Faculty
- 1230 - 1400     **Lunch with Exhibitors/Sponsors**
- 1400 - 1500     Evidence Based Ultrasound Guided Regional Anesthesia – Medico-Legal Issues When Not to Choose Regional, Spinal, or Epidural Anesthesia – Maricel Isidro-Reighard, DNAP, CRNA
- 1500 - 1600     Spinal and Epidural (Lumbar and Thoracic) Anesthesia – Anatomy Review, Practice Techniques, Dosing Methodology, Complications – OB and Surgical Anesthesia – Lee Olson, MS, CRNA
- 1600 - 1630     **Break**
- 1630 - 1730     Ultrasound Guided Truncal Blocks – PECS 1 and 2; Serratus Block; Erector Spinae; TAP Block) - Kathleen Ransom, MS, CRNA
- 1730 - 1830     The High-Risk OB Patient – Risk-Benefit Analysis of Regional (Spinal, Epidural) – Johnny Garza, MSN, CRNA; Ellison Concepcion, MSN, CRNA

**Concurrent Workshops for Saturday, August 24, 2019**

- 0700 – 1700     Concurrent Practical Hands-On -Individualized Sessions – Ultrasound Guided Imaging Principles and Practice for Upper and Lower Extremity Regional Anesthesia Techniques, TAP Blocks and Vascular Access **30-minute sign-up sessions** – SPARC Faculty

## **Sunday, August 25, 2019 (5.5 CEs)**

- 0700 - 0900 Workshop Demonstrations and Hands-On – Techniques for (Lumbar and Thoracic) Epidural Regional Anesthesia – Live Model and Manikin – SPARC Faculty
- 0900 - 0930 Ultrasound-Guided Vascular Access – Johnny Garza, MSN, CRNA; Ellison Concepcion, MSN, CRNA
- 0930 - 0945 **Break**
- 0945 - 1045 Problem Based Case Scenarios for Spinal and Epidural Anesthesia – Putting It All Together – **Interactive Case Scenarios** – SPARC Faculty
- 1045 – 1145 Managing Chronic Spinal Pain - An Algorithmic Approach - Russell Plewinski, DNAP, NSPM-C, CRNA
- 1145 – 1245 Lipid Rescue – Treatment of Local Anesthetic Toxicity, Case Report - Russell Plewinski, DNAP, NSPM-C, CRNA

## **Concurrent Workshops for Sunday, August 25, 2019**

- 0900 – 1300 Concurrent Practical Hands-On -Individualized Sessions – Ultrasound Guided Imaging Principles and Practice for Upper and Lower Extremity Regional Anesthesia Techniques, TAP Blocks and Vascular Access **30-minute sign-up sessions** – SPARC Faculty
- 1300 Adjourn