



Sierra Pacific Anesthesia Regional Consortium (SPARC)

Sonoma Veteran's Memorial Building

126 First Street West, Sonoma, CA

August 8-9, 2020

August 8, 2020 – 9 CEs

- 0700 - 0730 **Regional Anesthesia Practice Trends** – Russell Plewinski, DNAP, NSPM-C, CRNA
- 0730 - 0830 **Ultrasound Basics for Regional Anesthesia: A Crash Course – Imaging Principles and Practice Techniques** - Lee Olson, MS, CRNA
- 0830 - 0930 **Ultrasound Guided Regional Anesthesia - The Brachial Plexus: Regional Anesthesia Techniques for Upper Extremity Blocks** – Interscalene & Supraclavicular, Infraclavicular and Axillary Blocks with Dosing Regimens – Steve Diciara, MS, CRNA; Maricel Isidro-Reighard, DNAP, CRNA
- 0930 - 1000 Break with Sponsors
- 1000 - 1100 **Ultrasound Guided Regional Anesthesia – Truncal Blocks** – PECS 1 & 2, Erector Spinae, Paravertebral, Serratus Anterior, Midline and Subcostal TAP Blocks and Quadratus Lumborum with Dosing Regimens – Kathleen Ransom, MS, CRNA
- 1100 - 1200 **Ultrasound Guided Regional Anesthesia – Lower Extremity** – Femoral Nerve, Fascia Iliacus, Lateral Femoral Cutaneous, Adductor Canal, I-Pack, PENG, Popliteal and Ankle Blocks with Dosing Regimens – **Lecture** - Steve Diciara, MS, CRNA; Maricel Isidro-Reighard, DNAP, CRNA
- 1200 - 1300 Lunch
- 1300 - 1500 **Demonstration/Hands-On Sessions - Ultrasound Basics for Regional Anesthesia: Imaging Principles and Practice Techniques for the Upper Extremity Ultrasound Guided Blocks:** – Interscalene, Supraclavicular, Infraclavicular, Axillary Blocks with **Live Scanning, 3d Anatomy and NYSORA Simulator Model Practice** – SPARC Faculty
- 1500 - 1530 Break with Sponsors
- 1530 - 1700 **Demonstration/Hands-On Sessions - Ultrasound Basics for Regional Anesthesia: Imaging Principles and Practice Techniques for Truncal Ultrasound Guided Blocks with Live Scanning, 3d Anatomy and NYSORA Simulator Model Practice** – PECS 1 and 2, Serratus Anterior, Erector Spinae Blocks – SPARC Faculty
- 1700 - 1800 **Problem Based Case Scenarios for Regional Anesthesia: Upper Extremity and Truncal Blocks– Putting It All Together** – **Interactive Case Scenarios** – SPARC Faculty



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August 9, 2020 – 9 CEs

- 0700 - 0730 **Regional Anesthesia Practice Trends and Lipid Rescue – Lecture** - Dr. Russell Plewinski, DNAP, NSPM-C, CRNA
- 0730 - 1000 **Demonstration/Hands-On Sessions** - Ultrasound Guided Imaging Principles and Practice for **Truncal** Blocks Continued and Intro to **Lower Extremity** Regional Anesthesia Techniques with **Live Scanning, 3d Anatomy and NYSORA Simulator Model Practice** – Midline and Subcostal TAP Blocks, Quadratus Lumborum, Adductor Canal; I-Pack Blocks; Femoral Nerve, Fascia Iliacus, Lateral Femoral Cutaneous, PENG, Popliteal and Ankle Blocks – SPARC Faculty
- 1000 - 1030 Break with Sponsors
- 1030 - 1200 **Demonstration/Hands-On Sessions** - Ultrasound Guided Imaging Principles and Practice for **Lower Extremity** Regional Anesthesia Techniques with **Live Scanning, 3d Anatomy and NYSORA Simulator Model Practice** – Midline and Subcostal TAP Blocks, Quadratus Lumborum, Adductor Canal; I-Pack Blocks; Femoral Nerve, Fascia Iliacus, Lateral Femoral Cutaneous, PENG, Popliteal and Ankle Blocks – SPARC Faculty
- 1200 - 1300 Lunch
- 1300 - 1630 **Demonstration/Hands-On Sessions** - Ultrasound Guided Imaging Principles and Practice **Lower Extremity** continued Regional Anesthesia Techniques with **Live Scanning, 3d Anatomy and NYSORA Simulator Model Practice**: Femoral Nerve, Fascia Iliacus, Lateral Femoral Cutaneous, PENG, Popliteal and Ankle Blocks – SPARC Faculty
- 1630 - 1730 **Problem Based Case Scenarios for Regional Anesthesia: Lower Extremity Blocks – Putting It All Together – Interactive Case Scenarios** – SPARC Faculty